

shirt is hand silk-screened by the artist. Other offerings include silk scarves and a line of children's clothing and yoga gear for adults. The latest collection, Retrofit Revivals, is a series of one-of-a-kind apparel using vintage and thrift store clothing embellished with original silk-screened designs and embroidery. Retrofit Designs is based in Ocean Beach. Some local shops that carry James Nocito's unique products are: House Boi in North Park, Acme Store in Hillcrest, and India Ink Papers in Little Italy.

All Vegan

Owner: Joy Zakarian
4669 Park Blvd, San Diego 92116
allveganshopping.com
619-299-4669

All Vegan opened in University Heights in November 2003 to provide a fun and convenient shopping experience for vegans, vegetarians, and everyone else who wants to be kind to animals or who just appreciates cute shoes, shirts and accessories. Their eco-fashion offerings include men's and women's non-leather, animal-free shoes, belts, purses, and wallets, and animal rights tees. Some products are especially environmentally friendly, for example: clothing made from hemp and/or bamboo, or organic cotton and shoes made from recycled tires.

All Vegan is able to provide vegan shoes and accessories often for lower

prices than leather. Owner Joy Zakarian says, "It's very rewarding that we've had vegans from all over the U.S. and even other countries come to shop! We've gotten a lot of positive feedback. And many non-vegetarians come in, too. Many of them seem pleasantly surprised to find stylish accessories, often made by mainstream brands."

Manic Organic

Owner: Kristin Underwood
manicorganicsshop.com
760-434-4982

Kristin Underwood's background is in environmental policy. She opened her on-line store, Manic Organic, in May 2007 to give people an organic, stylish and affordable alternative to conventional clothing. All of the items are made from either organic or sustainable materials and the clothing is sweatshop-free. While acknowledging that these factors do pass on additional costs to the consumer, Kristin says, "I don't think that healthy food/living is just for the wealthy so I'd like to keep the clothing as affordable as possible, and I've had a really great reception thus far."

Manic Organic clothing and accessories can be found on Kristin's online store listed above, and also at Yoga Vista, www.yogavista.net, and The Grove, www.thegrovesd.com.